

SGH Integrated Care Conference

**Connecting Expertise.
Advancing Care**



27 November 2026
Friday 09:00 - 16:30



Address Sky View
Downtown Dubai



Agenda

27 November 2026, Friday 09:00 - 16:30

Opening Ceremony: 09:00 – 09:15

Welcome address & opening remarks



Dr. Ahmed Eissa

SGH – UAE Group CEO
(Honorary Chairperson)

Conference overview



Dr. Abdullah Al Remeithi

SGH-UAE Group CMO
(Conference Chairperson)

Session 1

Prevention & Metabolic Health Advancing
Chronic Disease Prevention **Chairperson (TBN)**



Dr. Fahd Alanezi

Chief of Endocrinology |
20+ Years of Regional
Experience | Canadian &
American Board Certified



Dr. Idrees Mubarik

Consultant Endocrinologist
& Head of Department |
Specialist in Diabetes &
Hormonal Disorders

Timing	Title	Branch	Presentation	Specialty
09:15 – 09:30	Hypertension and prevention of CKD	Dubai	Dr. Fahd Alanezi	Endocrinology
09:30 – 09:45	Healthy Lifestyle Simplified	Dubai	Dr. Idrees Mubarik	Endocrinology

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Dr. Wesam Essam Aly

Internal Medicine Physician
& Researcher | Published
Research in Hepatology



Dr. Sushum Sharma

Specialist Internal
Medicine | FRCP (Edin),
FACP | 30+ Research
Publications



Dr. Shaymaa Metwaly

Specialist Dermatologist
| Medical & Clinical
Dermatology Expertise



Dr. Mona Aly

Senior Dermatology
Specialist | 18+ Years of
Experience | Medical,
Surgical & Aesthetic
Dermatology

Timing	Title	Branch	Presentation	Specialty
09:45 - 10:00	The liver as early warning signal for metabolic disease	Ajman	Dr. Wesam Essam Aly	Internal Medicine
10:00 - 10:15	Actionable Strategies for Metabolic Health and Obesity Prevention	Dubai	Dr. Sushum Sharma	Internal Medicine
10:15 - 10:30	Eczema herpeticum: early clinical suspicion is valuable	Dubai	Dr. Shaymaa Metwaly	Dermatology
10:30 - 10:45	Beyond the Boil: Recognizing Hidradenitis Suppurativa Before It Leaves a Mark	Ajman	Dr. Mona Aly	Dermatology

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Dr. Rehab Alssadi

Specialist Family Medicine |
Arab Board Certified | 10+
Years of Experience | Locally
Trained in the UAE | Master's
in Hospital Management



Dr. Mohamed Salah

European
Board-Certified
Psychiatrist | 14+ Years of
Experience | Mental
Health & CBT

Timing	Title	Branch	Presentation	Specialty
10:45 - 11:00	One Patient, Multiple Risks: An Integrated Family Medicine Approach to Cardiometabolic Prevention	Dubai	Dr. Rehab Alssadi	Family Medicine
11:00 - 11:15	Beyond the Physical Complaint Recognizing, Managing and Referring Mental Health Problems in Medical Practice	Dubai	Dr. Mohamed Salah	Psychiatry
11:15 - 11:30	Q&A			
11:30 - 12:00	Coffee Break			

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Session 2

Women's & Children's Health, Healthy Beginnings, Healthy Futures **Chairperson (TBN)**



Dr. Aly Ragheb

Consultant Pediatrics & Neonatology | Head of Department Ajman| 25+ Years of Experience



Dr. Ahmed Zein

Specialist Pediatrics | Master's in Pediatrics & Neonatology | 17+ Years of Experience



Dr. Bushra Gul

Specialist Obstetrics & Gynecology | 26+ Years of Experience | Former Department Head & Academic Faculty

Timing	Title	Branch	Presentation	Specialty
12:00 - 12:15	Pediatric Recurrent Ataxia	Ajman	Dr. Aly Ragheb	Paediatrics
12:15 - 12:30	Constipation in Children	Ajman	Dr. Ahmed Zein	Paediatrics
12:30 - 12:45	Menopause care	Dubai	Dr. Bushra Gul	OBGYN

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Dr. Amal Al Qedrah

Consultant Obstetrician & Gynecologist | Group Chief, O&G | 34+ Years of Experience



Ms. Farah El Khiami

Clinical Psychologist | 10 Years of Experience | Psychodynamic Psychotherapy Specialist

Timing	Title	Branch	Presentation	Specialty
12:45 - 13:00	Healthy Pregnancy Journey	Group	Dr. Amal Al Qedrah	OBGYN
13:00 - 13:15	Healthy Beginnings, Healthy Futures for Women :A Psychological Perspective on Women's Mental and Emotional Well-being	Dubai	Ms. Farah El Khiami	Psychology
13:15 - 13:30	Q&A			
13:30 - 14:15	Lunch Break			

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Session 3

Complex & Specialized Care, Collaborative Management of Complex Diseases Chairperson (TBN)



Dr. Yasmine Mohamed

Consultant Neurologist | 25+ Years of Experience | Former Deputy Head, Headache Unit at Rashid Hospital | Neurology Faculty, Cairo University



Dr. Ravi Lohano

Specialist Neurologist | 11+ Years of Experience | Gold Medalist in Internal Medicine | Fellowship-Trained in Clinical Stroke



Dr. Eman Wagih

Specialist Rheumatologist | 26+ Years of Experience | Doctorate in Rheumatology | Expertise in Inflammatory Arthritis, Osteoarthritis & Musculoskeletal Disorders

Timing	Title	Branch	Presentation	Specialty
14:15 - 14:30	Time is Brain: Acute stroke	Dubai	Dr. Yasmine Mohamed	Neurology
14:30 - 14:45	The New Era of Migraine Therapy: Acute, Preventive & Targeted Treatments	Ajman	Dr. Ravi Lohano	Neurology
14:45 - 15:00	Interstellar Lung Disease with rheumatic Disease	Dubai	Dr. Eman Wagih	Rheumatology

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Dr. Omid Modiramani

Medical Oncologist & Clinical Hematologist | 14+ Years of Experience | Board-Certified Specialist | Expertise in Precision Oncology, Targeted Therapy & Immunotherapy



Dr. Rachel Kaminski

Consultant Pulmonologist & Head of Department | 20+ Years of Experience | British-Trained Respiratory Physician | International Expert in Severe Asthma, Airways Disease & Bronchiectasis



Dr. Bassil Zamkan

Senior Consultant Cardiothoracic Surgeon | 32+ Years of Experience | German Board-Certified in Cardiac & Thoracic Surgery | 4,500+ Cardiac & Thoracic Surgical Procedures

Timing	Title	Branch	Presentation	Specialty
15:00 - 15:15	Integrated Oncology Care: From Diagnosis to Survivorship — A Multidisciplinary Approach	Dubai	Dr. Omid Modiramani	Oncology
15:15 - 15:30	COPD : A Multi Organ Killer	Dubai	Dr. Rachel Kaminski	Pulmonology
15:30 - 15:45	Emergency Uniportal Video-Assisted Thoroscopic Decortication for Massive Organized Hemothorax Complicating Severe Hemorrhagic Dengue Fever with Disseminated Intravascular Coagulation: A Case Report	Dubai	Dr. Bassil Zamkan	Cardiothoracic Surgery
15:45 - 16:00	Q&A			
16:00 - 16:30	Awards & Closing Remarks, Dr. Ahmed Eissa, SGH - UAE Group CEO Dr. Abdullah Al Remeithi, SGH - UAE Group CMO			